

# ASRAR AHMAD BANJAR

## CURRICULUM VITAE



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DOB: 26/3/1998

### PERSONAL STATEMENT

Growing up, I found joy in helping my late father repurpose furniture in his woodshop. This hands-on experience instilled in me a love for fixing things and sparked my interest in medicine—a field I see as a complex art of healing. Especially, the field of General Surgery as it embodies the perfect blend of my passion for high-energy environments, my admire for immediate results, and my unwavering commitment to making a tangible difference in patients' lives. As a first-generation medical student, navigating unfamiliar territory has taught me resilience and determination, qualities I bring to my pursuit of a General Surgery residency. I aspire to lead in the field, making impactful contributions through research and innovation, driven by a commitment to advancing surgery practices and making a positive impact in my community and beyond.

### EDUCATION

2024 Bachelor of Medicine and Bachelor of Surgery (MBBS), Umm Al-Qura University, Faculty of Medicine (UQUmed), Makkah, Saudi Arabia.

### AWARDS AND HONORS

- 2024 Dean's Honor List at UQUmed.
- 2023 Second Degree Honors at UQUmed.
- 2021 Best Member at UQU Medical Student Club (UQUMSC).
- 2020 Best Volunteering Member at UQU Medical Student Club (UQUMSC).
- 2020 First Place Winner of the "Best Critical Appraisal" Award, Research Day at UQUmed.

### INTERNSHIP ELECTIVES AND PROFESSIONAL EXPERIENCE

- JAN-FEB 2024 General Surgery Rotation, King Abdullah Medical Complex (KAMC), Jeddah, Saudi Arabia.
- DEC 2023 General Surgery Rotation, King Faisal Hospital (KFH), Makkah, Saudi Arabia.
- NOV 2023 General Surgery Rotation, King Fahad General Hospital (KFGH), Jeddah, Saudi Arabia.
- JUL 2022 Hajj Training Department of General Surgery, Mina, Masha'er District, Saudi Arabia.
- JUL 2022 Hajj Training Department of Emergency, Arafa, Masha'er District, Saudi Arabia.
- JUN 2022 Summer Training Department of General Surgery, King Fahad Armed Forces Hospital (KFAFH), Jeddah, Saudi Arabia.
- JUN 2021 Summer Training at Emergency Department, (KFH), Makkah, Saudi Arabia.

## RESEARCH ACTIVITIES

- 2023 Co-Author of Impact of COVID-19 Pandemic on Emergency General Surgical Admission in King Faisal Hospital Makkah, KSA.  
Status: Published
- 2023 Co-Author of General Surgery Career Path and Factors in Medical Students and Interns in Saudi Arabia.  
Status: Published
- 2023 Co-Author of Sporadic Cutaneous Keratocyst of The Scalp: A Report of an Extremely Rare Lesion  
Status: Published
- 2022 Co-Author of Association of Diabetes Mellitus Type 2 with Knee Pain Severity and Pattern in People with Knee Osteoarthritis and Effects on Physical Activity Status.  
Status: Under Publication
- 2023 Co-Author of Prevalence and Associated Factors of Cancer-Related Fatigue (CRF) in Breast Cancer Patients in Saudi Arabia.  
Status: Ongoing
- 2022 Co-Author of Association of Length of Stay and 30-Days Mortality After Hip Fracture: A Systemic Review and Meta-Analysis.  
Status: Ongoing

## PRESENTATIONS

- 2024 Presenter of Impact of COVID-19 Pandemic on Emergency General Surgical Admission in King Faisal Hospital Makkah, KSA, *at the Surgical Specialties Annual Conference, The Saudi German Hospital (SGH), Makkah, Saudi Arabia.*
- 2022 Presenter of Sporadic Cutaneous Keratocyst of the Scalp: A Report of an Extremely Rare Lesion, *at the 1st Annual Surgical Scientific at King Abdelaziz Universit (KAU), Jeddah, Saudi Arabia.*

## LEADERSHIP EXPERIENCE

- 2024 Track Leader in Internship at UQUMed.
- 2023 Co-Founder of Medical Innovation Initiative, Ministry of Hajj's International Innovation Day Contributions.
- 2023 Head Leader of Hajj Curriculum Program at UQUMed.
- 2022 Leader of UQUTedX at UQUMSC.
- 2022 Co-Founder of Major Project Program (MPP) at UQUMSC.
- 2022 Head Leader of Medical Student Club at UQUMSC.
- 2021 Head Leader of Hajj Curriculum Program at UQUMed.
- 2020 Head Leader of Volunteering Committee at UQUMSC.

## **QUALIFYING LICENSE**

- 2024 Advanced Trauma Life Support (ATLS).
- 2024 Basic Operative Surgical Skills (BOSS).
- 2023 Basic Life Support (BLS).
- 2023 Basic Infection Control License (BICSL).

## **EXTRACURRICULAM ACTIVITY**

### ***COURSES:***

- 2022 Leader of Critical Appraisal Skills Course.  
Leader of General History Taking Course.  
Leader of Abdominal Examination Course.  
Leader of Pelvic Trauma Course.  
Leader of Spinal Trauma Course.
- 2021 Leader of Emergency Room Course.  
Leader of Research Idea & LR Course.  
Leader of Research Proposal Course.  
Leader of Leadership and Teamwork Course.  
Leader of References Citation Course.

### ***CONFERENCES:***

- 2022 Organizer of 1st SGH-IASGO International Surgery Conference, Crowne Plaza Hotel, Jeddah, Saudi Arabia.  
Leader of Introduction to Surgical Specialties Conference (SSC), UQUMSC, UQUMed, Makkah, Saudi Arabia.  
Leader in the Saudi Juniors Research Conference (SJRC22), UQUMSC, Makkah Chamber of Commerce, Makkah, Saudi Arabia.
- 2020 Organizer in the 4th Saudi Arabia Society of Metabolic and Bariatric Surgery (SASMBS), Hilton, Jeddah, Saudi Arabia.

### ***VOLUNTEERING:***

- 2022 Organizer of International Women Day by UQUMSC.
- 2021 Organizer of World Day for Road Traffic Victims' Campaign by UQUMSC.  
Organizer of Organ Donation Campaign by UQUMSC.
- 2020 Leader of Consanguinity Marriage Campaign by UQUMSC.  
Leader of Drop of Life Campaign by UQUMSC.  
Leader of Corona Virus Awareness Campaign by UQUMSC.  
Leader of Medical Myths Online Campaign by UQUMSC.
- 2019 Leader of Nursing Home Visit by UQUMSC.

## HOBBIES AND INTEREST

- Journaling.
- Reading Scientific Fiction Books and Articles.
- Playing Ukulele at Beginner Level.
- Broadcast Listener.

## LETTER OF REFERENCES

- **Dr. Basem Al-Shareef**, MBBS, FRCSC, ABS (dip) Consultant General and Trauma Surgeon. Assistant professor, Department of Surgery. Head of Clinical Technology Department. Head of Hospital Affairs Unit Umm Al-Qura University, Makkah. Head of Regional Training Committee for General Surgery Program, Western Region, SCFHS.  
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- **Dr. Alsairafi, Rani Abdullah**, Associate professor at Umm Al-Qura University, Chairman of the surgery department at Umm Al-Qura University, General Surgery, Critical Care Medicine, Acute Care Surgery Consultant General Surgery & CCM, King Faisal General Hospital, Makkah, KSA.  
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- **Dr. Imad Ali Aljahdali**, Associate Professor, Department of Community and Pilgrims Health, Faculty of Medicine, Umm Al-Qura University, Makkah, Dean of College of Medicine, Umm Al-Qura University.  
Email: [wayandawanqu.eau.sa](mailto:wayandawanqu.eau.sa)  
Cellular: +966 50 558 0308
- **Dr. Eyad Ebrahim Tantawi**, MBBS, General Surgery Consultant, King Faisal General Hospital, Makkah, KSA.  
E-mail: [Eyadtantawi@gmail.com](mailto:Eyadtantawi@gmail.com)  
Cellular: +966 541098433

## LETTER OF RECOMMENDATION

- **Dr Alaa Jamjoum**, Consultant General Surgery/Endocrine Surgery, Director of Saudi Board Trainee in General Surgery, King Abdullah Medical Complex - Jeddah (KAMCJ), Jeddah, KSA
- **Dr. Ahmed Abdulmalik Faden**, Head of Surgery Department, General Surgery Consultant, King Abdullah Medical Complex – Jeddah (KAMCJ), Jeddah, KSA.
- **Dr. Heba Jalloun**, MBChB General Surgery, Colorectal Surgery Consultant, Director of Saudi Board Trainee in General Surgery, King Fahad Armed Forces Hospitals. Jeddah, KSA.
- **Dr. Abdullah S Ashour**, General and Hepatobiliary Surgery Consultant, King Fahad General Hospital- Jeddah – KSA
- **Dr. Noora Rahimuddin**, General Surgery Consultant, King Fahad General Hospital- Jeddah – KSA.
- **Dr. Faisal S Alkhilewi**, Hepatobiliary and Pancreatic Surgery Consultant, King Fahad General Hospital- Jeddah – KSA.