

**PERSONAL INFORMATION:**

**Name : Reham Mohammed Awadh AL-Hadhrami**

**Nationality : Saudi**

**Date of Birth : March 28, 1990**  
**Place of Birth : Makkah, Saudi Arabia**

**Marital Status : Single**

**Residence : Makkah, Saudi Arabia**

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## **CAREER OBJECTIVES**

- ❖ To be a highly skilled and competent Endocrinologist.
- ❖ To continuously acquire knowledge and experience.
- ❖ To keep up with new advances.
- ❖ To contribute to research.

## **EDUCATION**

- **Internal Medicine Residency Program, Saudi Commission for Health Specialties,** King Abdul-Aziz Hospital, Makkah, Saudi Arabia, 2016.
- **Bachelor Degree in Medicine and Surgery (MBBS)** with a GPA Very Good (2.97%), Umm Al Qura University (UQU), Makkah, Saudi Arabia, 2014.

## **PROFESSIONAL EXPERIENCE**

### **Current Position:**

Internal Medicine Consultant.

### **Qualifying Examinations:**

- ✓ **Basic Infection Control Skills License (Renew-BICSL):**  
October 20, 2024, King Abdul-Aziz Hospital - Makkah.
- ✓ **Advanced Cardiovascular Life Support (Renew ACLS-SHA):**  
October 15-16, 2024, CPR Center – Makkah.
- ✓ **Basic Life Support Healthcare Provider (Renew BLS-SHA):**  
January 20, 2024, Health Cluster Training Center – Makkah.
- ✓ **Internal Medicine Specialty Annual Evaluation/Examination:**  
**Saudi Commission for Health Specialties**
  - Passed Promotion written exam in 2018
  - Passed Part 1 in 2019
  - Passed Part 2 (Final Written and Clinical exam) in 2021.
- ✓ **Saudi License Exam (SLE):**  
-December 16, 2014.                      - Mark: 79%.                      - Result: pass.

### **Postgraduate Training:**

- **Multidisciplinary Palliative Care Team Training, 2023**  
King Abdullah Medical City, Makkah, Saudi Arabia.
- **Internal Medicine Specialty Residency Program Experience, October 2016 – December 2021**  
Saudi Commission for Health Specialties, Makkah, Saudi Arabia.  
King Abdul-Aziz Hospital  
Heraa General Hospital & Diabetes Center  
Security Forces Hospital  
King Abdullah Medical City Hospital  
King Faisal Hospital  
Al Noor Specialist Hospital and Diabetes Center.
- **Internal Medicine Clinical Training, August, 2016**  
King Abdul-Aziz Hospital, Makkah, Saudi Arabia.
- **Internship Experience, 2014-2015**  
Saudi Ministry of Health Hospitals, Makkah, Saudi Arabia.

### **Undergraduate Training:**

- June -July 2013: Summer Training (KReSP) at the Department of Research Center, King Abdullah Medical City, Makkah.
- June 2011: Summer Training of ABC Medicine Course at the Faculty of Medicine, Umm AL-Qura University, Makkah.

## **CONFERENCES, COURSES & WORKSHOPS ATTENDED**

### **Evidence Based Medicine:**

- Evidence Based Medicine "Introductory Course" conducted by King Abdullah Medical City- Makkah, in collaboration with EBM- Jeddah Working Group, Jeddah, Saudi Arabia, June 26, 2012.

### **Courses and conferences:**

- Middle East Endocrinology, Diabetes and Obesity Congress, at Park Hyatt – Jeddah, Feb 05-08, 2025.
- 13<sup>th</sup> DaR Diabetes & Ramadan International Alliance (Online), Jan 17-18, 2025.
- Stroke care: Tele stroke (Online), Sep 28, 2024.
- The 3<sup>rd</sup> Annual Congress of Arab Thyroid Association (Online), May 24-25. 2024.

- Primary Aldosteronism (Online), May 21, 2024.
- Middle East Endocrinology, Diabetes and Obesity Symposium, at Park Hyatt – Jeddah, Feb 14-17, 2024.
- Mastering Diabetes Mellitus Clinical Updates and Nutrition Guidance (Online), Aug 30, 2023.
- The importance of weight management and early intensive intervention in patient with type 2 Diabetes, online at Virtual Medical Academy, Jul 30, 2023.
- Problems and health emergencies in mass gatherings (Online), Jun 14-15, 2023.
- TOT on the Go Teaching and Assessment Course, at King Abdulaziz Hospital – Makkah, May 10-11, 2023.
- Ramadan & Health Conference 2023 (Online), Mar 18-21, 2023.
- SIMPLIFYING T2D MANAGEMENT, online at Virtual Medical Academy, Mar 04, 2023.
- The 1<sup>st</sup> Conference of Toxicology Risk Impact, online at Virtual Medical Academy, Feb 19, 2023.
- Breaking Bad News for health professionals (Online), Oct 13, 2022.
- In flight Medical Emergencies Simulation Course, at Prince Sultan Aviation Academy – Jeddah, Oct 08, 2022.
- DIABETES MADE EASY (Online), Aug 31 To 02 Sep, 2022.
- Effective Communications Skills for health care Professional (Online), Jun 10-11, 2022.
- Antimicrobial Stewardship Program in different Health Care Setting (Online), Mar 22, 2022.
- Fundamental Critical Care Support, at Hera General Hospital – Makkah, Mar 02, 2022.
- Fluid and Electrolyte Imbalance (Online), Feb 17, 2022.
- Comprehensive Internal Medicine Review Course, online at Virtual Medical Academy, Aug 22-28, 2021.
- The First Saudi National Chronic Disease Conference (Online), Mar 27-29, 2021.
- What is New in Medicine WIN (Online), Feb 20, 2021.
- Advanced Antibiotics (Online), Feb 12-13, 2021.
- Insulin Therapy Made Easy (Online), Jul 04, 2020.
- Diabetes and Endocrine Review (Online), Jun 20, 2020.
- COVID-19 Critical Care Crash Course, May 16, 2020.
- Basics of Mechanical Ventilation, online at Virtual Medical Academy, Apr 19, 2020.
- Let's Break the Chain of COVID-19 Infection course, online at MBRU of Medicine and Health Sciences, Apr 14, 2020.
- Critical Care Preparatory Program (C2P2) at King Abdullah Medical City – Makkah, Feb 02-03, 2019.
- Emergency in Infectious disease course, Jan 30, 2019.
- Approach to thyroid nodule, online at Virtual Medical Academy, Jan 02, 2019.
- Clinical Diabetes Symposium at Heraa General Hospital – Makkah, Oct 24-25, 2018.
- 5<sup>th</sup> Internal Medicine Board Review Course at Dr. Soliman Fakeeh Hospital – Jeddah, 2018.
- Research Principles and Methodology at King Abdulaziz University Hospital – Jeddah, Jan 1-4, 2017.
- 16<sup>th</sup> Scientific Symposium for Hajj, Umrah & Madinah Visit at Umm Al-Qura University – Makkah, May 24-25, 2016.

- Symposium of Common Diseases In Hajj at AL-Noor Specialist Hospital – Makkah, Sep 15-16, 2015.
- Medical Care in Hajj (E-learning Program) at Training and Scholarship Administration – Makkah, Sep 13-14, 2015.
- Medical Emergencies: Update and Practical Management Symposium at Makkah Chamber of Commerce and Industry – Makkah, Sep 2-3, 2015.
- How to be an Effective Health Educator at King Abdullah Medical City – Makkah, Apr 29, 2015.
- Body language at Makkah Chamber of Commerce and Industry – Makkah, Jan 29-30, 2015.
- Diabetes Updates Symposium and Workshop at Hera General Hospital – Makkah, Nov 12-13, 2014.
- Second Scientific Research Forum at Faculty of Medicine, Umm Al-Qura University – Jun 1-3, 2014.
- Truth About Specialties and Becoming a Professional Intern (Online) at the Batterjee Medical College – Jeddah, Feb 22, 2014.
- Professionalism In Class Workshop During Professionalism Day - Faculty of Medicine, at King Abdullah Medical City – Makkah, Feb 1, 2014.
- Patients Rights Workshop During Professionalism Day – Faculty of Medicine, at King Abdullah Medical City – Makkah, Feb 1, 2014.
- Introduction to Research Methodology - Faculty of Medicine, at King Abdullah Medical City – Sep 13, 2013 – Mar 15, 2014.
- KAMC Research Summer Program at King Abdullah Medical City - Makkah, Jun 8, 2013 - Jul 8, 2013.
- Case Report Workshop at Student's Scientific Research Forum at Faculty of Medicine, Umm Al-Qura University – Jun 1-3, 2013.
- Career Compatibility using a form Myers Briggs at Grand Coral Hotel – Makkah, Aug 8-10, 2010.
- "NEVER SAY NEVER" The road to success starts today and how to break the obstacles and effectively prepare for postgraduate studies in the USA and CANADA at Faculty of Medicine, Umm Al-Qura University – Mar 16, 2010.
- General Aptitude Test Course at General Organization for Technical Education and Vocational Training – Makkah, Feb 12, 2008.

\* *Certificates available upon request.*

## **PRESENTATIONS & SEMINARS**

- **ARDS**, during Fourth Year Internal Medicine Residency Program, Department of Intensive Care, King Faisal Hospital - Makkah, March 2021.
- **Management of Upper GI Bleeding**, during Fourth Year Internal Medicine Residency Program, Department of Gastroenterology, King Abdulaziz Hospital – Makkah, November 2020.

- *Update in the management of ascites in cirrhosis*, during Fourth Year Internal Medicine Residency Program, Department of Gastroenterology, King Abdulaziz Hospital – Makkah, November 2020.
- *Different MCQs Presentation*, during Fourth Year Internal Medicine Residency Program, Department of Internal Medicine, King Abdulaziz Hospital – Makkah, November 2020.
- *Atrial Fibrillation*, during Third Year Internal Medicine Residency Program, Department of Internal Medicine, King Abdulaziz Hospital – Makkah, December 2019.
- *COPD*, during Second Year Internal Medicine Residency Program, Department of Internal Medicine, King Abdulaziz Hospital – Makkah, November 2018.
- *Sjogren's Syndrome*, during Second Year Internal Medicine Residency Program, Department of Rheumatology, King Abdullah Medical City – Makkah, April 2018.
- *Potassium Disorders*, during First Year Internal Medicine Residency Program, Department of Internal Medicine, King Abdulaziz Hospital - Makkah, December 2016.
- *Diabetic ketoacidosis*, during First Year Internal Medicine Residency Program, Department of Internal Medicine, King Abdulaziz Hospital - Makkah, October 2016.

## **CLINICAL RESEARCH ACTIVITIES**

- Role of hematological parameters in pathogenesis of diabetes mellitus: review article, 2024.
- In collaboration with Research Center at King Abdullah Medical City & as **a data collector**, we conducted a study on risk factors (Predisposing factors) for poor diabetes control during Hajj (1436/2015) in people with diabetes, 2015 .
- In collaboration with Research Center at King Abdullah Medical City & as **a coauthor**, we conducted a study to evaluate the extent of Medication Management and Storage during Hajj, 2015.
- In collaboration with Dr. Abdullah Aburuzaiza, & as **a co-investigator**, we conducted a study to assess the extent of application of the European guidelines in diagnosis and treatment of chronic idiopathic urticaria by doctors in Makkah city, 2013-2014.
- In collaboration with Research Center at King Abdullah Medical City & as **a coauthor**, we conducted a study to evaluate pattern of antibiotic prescriptions for OPD and ER patients at a tertiary care center in Saudi Arabia, March to May 2013.

- In collaboration with Prof. Dr. Muhammad Irfanullah Siddiqui, Dr. Shaimaa moussa Atiah, & as a **sub-investigator**, we conducted a study to assess the knowledge about first aid measures among adult females between 19-23 in medical colleges (Pharmacy - Clinical nutrition - Dentistry - Laboratory medicine) in UQU, during 4<sup>th</sup> year Community Medicine Course, 2011-2012.

## **Publications**

### **Journal Publications:**

- Risk factors (Predisposing factors) for poor diabetes control during Hajj (1436/2015) in people with diabetes.
- Medication Management and Storage during Hajj.
- Patterns of Antibiotic Prescriptions in the Outpatient Department and Emergency Room at a Tertiary Care Center in Saudi Arabia.

## **MEMBERSHIP, VOLUNTEER, ORGANIZATION, AND PARTICIPATION EXPERIENCE**

- Volunteer in the volunteer opportunity (اليوم العالمي للسكري) in Mecca that was held by Makkah Health Cluster during the period from 17-11-2024 to 28-11-2024.
- Member in Scientific committee for 2023, 2024 in our Internal Medicine Department.
- Volunteer in the volunteer opportunity (التوعية والتثقيف لمرضى ضغط الدم) in Mecca that was held by Makkah Health Cluster during the period from 17-05-2023 to 24-05-2023.
- Certificate of completion in Medical Volunteer Training Program , Dec 17, 2022.
- Member in the Saudi Society of Internal Medicine (SSIM).
- Volunteer in the community awareness about Diabetes and Obesity at the Alhijaz mall – Makkah, 2018
- Volunteer in serving the pilgrims of the Holy Mosque of Makkah with Rufaida Female Emergency Medical Team of the Saudi Red Crescent Authority – Makkah, 2015.
- Organizer in the Internal Medicine Clinical Examination (OSCE) at Faculty of Medicine, Umm Al-Qura University – May, 2015.
- Organizer in the International Psoriasis Conference 2014 at Crown Plaza – Jeddah, Oct 25, 2014.
- Volunteer in serving the pilgrims of the Holy Mosque of Makkah with Rufaida Female Emergency Medical Team of the Saudi Red Crescent Authority – Makkah, Jun 28-Jul 27, 2014.
- Organizer in the Steps to Health Campaign at Umm Al-Qura University – Makkah, Apr 7, 2014.

- Participated in the Epilepsy Awareness Day at King Abdullah Medical City – Makkah, Sep 10, 2013.
- Participated in the Cervical Cancer Awareness during 5<sup>th</sup> Year Obstetrics and Gynecology Course, UQU, at First Secondary School – Makkah, 2013.
- Member of the Scientific Committee in the Medical Students Club – Faculty of Medicine, 2012-2013.
- Organizer in the Induction Meeting of the Preparatory Year Students Primarily at Faculty of Medicine, Umm Al-Qura University, Aug 26, 2012.
- Organizer in the 5<sup>th</sup> Medical Career Day at Faculty of Medicine, Umm Al-Qura University – Mar 26-28, 2012.
- Participated in the Patients Greeting at AL-Noor Specialist Hospital – Makkah, 2010-2011.

### **ACKNOWLEDGMENT AND APPRECIATION**

- Hajj Season (from 1438 until 1444).

### **PERSONAL & SPECIAL SKILLS**

- Team work skills.
- Communication skills.
- Direct patient interaction.
- Some computer and research skills.

### **INTERESTS**

- Reading.
- Volunteer work.
- Scientific researches.
- Participation in social and scientific activities.
- Arabic calligraphy.



## **REFERENCES**

- **Dr. Hani M. Behairi**

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*\*Letters of recommendation available upon request.*

